



Health at Work Network

Clare Leeds, Consultant OHP, MBChB, MFOM North East Board representative

Clare is the Consultant Occupational Health Physician for County Durham and Darlington NHS Foundation Trust (CDDFT). Her NHS career started as a medical house officer in Bradford in 1999. Since then she has worked in multiple NHS trusts and GP practices across the UK. She was introduced to occupational medicine in 2011 and subsequently embarked on specialist training.

Clare commenced her first Consultant position in March 2020 and embraced the colossal challenges she faced as her team stepped up to respond to the COVID 19 pandemic. Since then she has continued to support the development of her own team and the wider NHS OH workforce through engagement in the North East Growing OH program.

Clare is a GMC approved specialty trainer for occupational medicine and is a clinical supervisor for doctors in training for General Practice.