



Health at Work Network

Dr Fauzia Begum **East Midlands Board Representative**

Alongside being the Board Representative for East Midlands, Fauzia manages two portfolios. She is an Occupational Health Physician in the Occupational Health, Safety & Wellbeing team at University Hospitals Derby & Burton NHS Foundation Trust. This role covers a breadth of OH work including supporting Human Resources and Health and Safety Teams across Derbyshire on staff compliance with Health and Safety Executive requirements.

Fauzia is also the Clinical Medical Lead for Derbyshire's Post Covid Service. She has a keen interest in research and additionally, is a Principal Investigator for StimulateICP, the largest NIHR funded study into Long COVID in the UK. She has experience working with NHS England, shaping national policy on Long COVID and has taken a lead role in creating Long COVID related e-learning modules for Health Education England.

Passionate about steering policy development towards a healthier workforce, as Project Lead for the Derbyshire Integrated Care System's Long COVID Staff Support Service, Fauzia has been able to inform and influence local and regional policy to support NHS staff through rehabilitation and return to work planning, a topic she has presented on at SOM/FOM and NHS Health at Work Network conferences.