

**Helen Hunt RGN, Head of Occupational Health Services and TRiM (Trauma Risk Management) Clinical Lead
South West Board Representative**

Helen is the Head of Occupational Services at Dorset HealthCare University NHS Foundation Trust and alongside this role she leads the TRiM service for the Trust. She qualified as a Registered General Nurse in 1994 and has worked in a variety of nursing roles, including Operating Theatres in both the NHS and the private sector and several years as a Matron in Community Hospitals before moving onto Occupational Health two years ago.

Helen's new found passion for Occupational Health has seen the service develop and grow successfully, gaining new external contracts including an acute trust and recruiting and developing new staff. Collaborative working is an area that Helen is keen to continue to develop which leads to improved health outcomes for staff and most importantly high-quality care for patients and for people in the local area.