

Kiara Rough, Administrator

Kiara joined the NHS Health at Work Network in 2024 to provide administrative support. She has previously worked as a primary school teacher and rentals coordinator and currently also manages the accounts and book-keeping for a local construction business. In addition she runs a part-time mental health pop up café.

Kiara is responsible for managing the Network's membership renewals, Annual Conference and Supporter invoicing and providing hands-on events support.